

# CLASS TIMETABLE

April - June 2016



**iGym**  
LONDON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>GROUP CYCLE</b> 06.45 - 07.15 CYCLE STUDIO	<b>GROUP CYCLE</b> 06.30 - 07.15 CYCLE STUDIO		<b>FUNCTIONAL FITNESS</b> 06.30 - 07.15 GYM FLOOR	<b>GROUP CYCLE</b> 06.30 - 07.15 CYCLE STUDIO	<b>GROUP CYCLE</b> 10.30 - 11.15 CYCLE STUDIO	<b>YOGA</b> 10.30 - 11.30 STUDIO 1
<b>GROUP CYCLE</b> 12.15 - 12.45 CYCLE STUDIO	<b>FUNCTIONAL FITNESS</b> 06.30 - 07.15 GYM FLOOR	<b>iABS</b> 07.00 - 07.20 STUDIO 1	<b>BODYPUMP</b> 12.15 - 13.00 STUDIO 1	<b>iCIRCUITS</b> 12.15 - 12.45 STUDIO 1	<b>FUNCTIONAL FITNESS</b> 10.30 - 11.15 GYM FLOOR	
<b>iCIRCUITS</b> 13.00 - 13.30 STUDIO 1		<b>STUDIO CYCLE</b> 12.15 - 12.45 CYCLE STUDIO	<b>GROUP CYCLE</b> 13.15 - 13.45 CYCLE STUDIO	<b>L.B.T</b> 13.15 - 13.45 STUDIO 1	<b>BODYPUMP</b> 11.15 - 12.15 STUDIO 1	<b>ZUMBA</b> 12.00 - 13.00 STUDIO 1
<b>iHIIT &amp; iABS</b> 17.30 - 18.15 STUDIO 1	<b>GROUP CYCLE</b> 13.00 - 13.30 CYCLE STUDIO	<b>KETTLEBELLS</b> 13.00 - 13.30 STUDIO 1	<b>L.B.T</b> 17.30 - 18.15 STUDIO 1		<b>L.B.T</b> 12.15 - 13.15 STUDIO 1	<b>iABS &amp; CORE</b> 13.15 - 13.45 STUDIO 1
<b>GROUP CYCLE</b> 18.30 - 19.15 CYCLE STUDIO	<b>BODYPUMP</b> 18.00 - 18.45 STUDIO 1	<b>iHIIT &amp; iABS</b> 18.00 - 18.45 STUDIO 1	<b>iCIRCUITS</b> 18.15 - 19.00 STUDIO 1	<b>GROUP CYCLE</b> 18.00 - 18.45 CYCLE STUDIO	<b>BODYBALANCE</b> 13.30 - 14.30 STUDIO 1	
<b>FIGHT CLUB BEAT BOX</b> 18.15 - 19.15 STUDIO 1	<b>BOX FIT</b> 18.45 - 19.45 STUDIO 2	<b>STUDIO CYCLE</b> 18.30 - 19.15 CYCLE STUDIO	<b>GROUP CYCLE</b> 18.45 - 19.30 CYCLE STUDIO	<b>BODYBALANCE</b> 19.00 - 20.00 STUDIO 1		
<b>BODY PUMP</b> 19.15 - 20.15 STUDIO 1	<b>GROUP CYCLE</b> 19.00 - 19.45 CYCLE STUDIO	<b>L.B.T</b> 18.45 - 19.15 STUDIO 1	<b>ZUMBA</b> 19.15 - 20.15 STUDIO 1			
<b>ZUMBA</b> 20.30 - 21.30 STUDIO 1	<b>PILATES</b> 20:00 - 21:00 STUDIO 2	<b>PILATES</b> 19.30 - 20.30 STUDIO 1	<b>iABS</b> 20.15 - 20.30 STUDIO 1			
<b>iABS</b> 20.30 - 21.00 GROUND FLOOR		<b>YOGA</b> 20.30 - 21.30 STUDIO 1				

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